

TA Tribe

ONLINE TRANSACTIONAL ANALYSIS TRAINING AND SUPERVISION
FOR ORGANISATIONAL PRACTITIONERS

Lynda Tongue (TSTA-org)



DATA SHEET

Lynda Tongue – potted history

Lynda first entered the world of employment in 1972 and for the next fifteen years worked in various organisational roles until she moved with her husband and young family to live in Kuwait for three years. She had always been interested in learning, and had undertaken many training programmes as an attendee. She found the more she learnt, the more she realised there was to learn!

In 1986 she undertook a degree course with the Open University (OU) which took her six years to complete. The challenge of being an adult learner with family responsibilities became very familiar to her. She remembers one family holiday when her husband had taken the children off for a while in order that she could write an essay. She became aware that the man in the next caravan was waving to her when he held up his own OU books she realised he was a fellow student, and was ruefully offering solidarity! This was not the first time she realised that adult learning was not only possible (with a bit of determination), but that she was not alone in her remote learning – there were plenty of others juggling family commitments, budgets of time and money.

While living in Kuwait, she taught business studies, shorthand and typing at the Pitman College in Kuwait City – she loved teaching so much, she knew she would pursue this route when back home. On her return in 1991 she ran a training co-operative for horticultural businesses where gradually, after some training, she started to deliver customer care and personal development workshops. Eventually, she ventured outside of the horticultural world, running training workshops for local authorities, banks, and small businesses.

In 1998 she attended a TA 101 workshop – a two day introduction to Transactional Analysis and from that point on, she was hooked, fascinated by the insights into her own behaviour as well as that of others that TA afforded. She had developed an interest in stress management and knew that TA had much to offer to help people to alleviate their stress levels.

She finished an intensive NLP programme, before attending regular TA training and finally signing her TA training contract in 2001.

She passed her CTA exam in San Francisco in 2007, and her Teaching and Supervising Transactional Analysis exams in Oslo in 2013.

She has decades of experience as a coach, coach supervisor, trainer and learning and development consultant and teacher.

She semi-retired in early 2022 after thirty something years of working one to one and with groups, and launched TA Tribe in 2016 as a means of providing online learning in ways which are cost and time-effective, and make continuing professional development accessible for those with mobility issues or caring responsibilities.

The TA world gives her the opportunity to work with multi-cultural groups of coaches, leaders, trainers, counsellors and consultants and she is passionate about supporting people to develop, gain confidence and achieve their potential. She enjoys sharing her knowledge and experience and gains huge satisfaction from her work with others.

Leadership is an enduring interest, and she has worked with leaders since 1991 in organisations large and small, public and private. She is currently writing a book on TA and Leadership which will hopefully be published soon.

Lynda has delivered conference workshops from Nashville to St Petersburg and is currently delivering a four-year TA programme online to groups of coaches, managers and trainers.

She is a past President of the Institute of Developmental Transactional Analysis, is currently Chair of Training Standards and has served on EATA's Commission of Certification committee.

Lynda contributed a chapter to a book on supervision *101 Coaching Supervision Techniques, Approaches, Enquiries and Experiments* published in 2020. It is available on Amazon.