

# Inclusion policy

## LYNDA TONGUE (TEACHING AND SUPERVISING TRANSACTIONAL ANALYST)

As a teaching and supervising member of the European Association for Transactional Analysis (EATA) I abide by the ethical code of that association.

The fundamental values I subscribe to are:

### 1. Dignity of human beings

Each human being is of worth, regardless of sex, social position, religious creed, ethnic origin, physical or mental health, political beliefs, sexual orientation etc

### 2. Self-determination

Each individual is free to decide his or her own future within the national laws of their country, and with due consideration of the needs of self and others. Each person can learn from their experience to be in charge of him/herself, whilst taking into account the nature of the world and the freedom of others.

### 3. Health

Physical and mental stability is a right of every individual and needs to be actively safeguarded.

### 4. Security

Each person needs to be able to explore and grow in an environment that enables a sense of security.

### 5. Mutuality

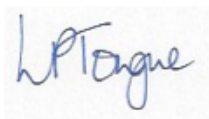
Each person, considering that s/he lives and grows in an interpersonal world, is mutually involved with the wellbeing of others, developing interdependency with others in order to build their own and others' security.

These values translate to the following ethical principles:

- Respect
- Empowerment
- Protection
- Responsibility
- Commitment in relationship

### Application

I follow these guiding ethical principles in the different aspects of my professional practice. With my clients, with my trainees and participants, with my supervisees, with my colleagues and with my wider community. I also apply them to myself as the person within the professional.



**Lynda Tongue**  
Teaching and Supervising Transactional Analyst