

TA Tribe

Online Transactional Analysis Training and Supervision



Leadership Dynamics A SYSTEMIC APPROACH TO LEADERSHIP

Delivered by Lynda Tongue
TEACHING AND SUPERVISING TRANSACTIONAL ANALYST

New programme, September 2021 – March 2022
10 online modules
£60 plus vat per workshop (£50 per workshop if booking full programme)

INTRODUCTION

Organisations are complex living systems of interconnecting teams, specialists, levels of hierarchy and internal and external boundaries. The way communication flows, the processes which enable people to be psychologically strong, confident, working to their potential is largely the responsibility of leadership. Many leaders do not understand the impact they have on their team members and how with some understanding of a psychological approach to communication they could positively influence others to reach personal and organisational goals. More than this, they often do not realise the impact they have on the system which is the organisation within which they operate.

Furthermore, each individual survives (thrives?) within a family system, a friendship system a community. What happens at work has an impact on home life. What happens at home has an impact on work life. Human beings connect (or not) overtly through speech and actions but also *covertly* through unconscious processes. Awareness of this fact enables individuals to navigate their daily working lives in a more effective, less stressful manner.

The Leadership Dynamics programme offers an exploration of leadership relationships, focussing first on self, then on working with others, with teams and taking a systems approach to the organisational context.

We will examine TA concepts such as multi-party contracting, script systems, systems thinking, group dynamics etc and all from a place of encouraging development and growth, sharing with participants a framework of concepts to help themselves and others understand the underlying dynamics in a relationship in order to pin point where it might need some support. Taking a psychological approach facilitates insight, and insight leads to actions – how to improve, avoid difficult situations, and thrive.

PARTICIPANTS

The programme is aimed at leaders at all levels of the organisation. It is also useful for leadership coaches and trainers who work with clients in organisational work. It may also be of interest to counsellors and therapists and supervisors of coaches and trainers.

The participant groups may be mixed in terms of knowledge of TA, some may be beginners and others may be two or three years in training and who know the TA concepts, but now want to explore them in a different context. Lynda will work with the group to meet them at their level, will encourage discussion and debate and will support leaders, coaches and trainers to apply their learning in their own practice.

WORKSHOPS

The online workshops are of four hours duration, at two to four week intervals over almost seven months. Full attendance is encouraged, and a 25% discount is offered for signing up to all ten modules.

FLIP LEARNING

On the basis that online learning with adults offers advantages of greater accessibility, and the recognition that the process is different to classroom learning, Lynda employs an approach known as ‘flip learning’. Participants will receive a comprehensive workshop paper prior to the workshop in order to free up time online for activities and discussion.

PROGRAMME DATES

MODULE		WORKSHOP NAME	TICK
1	29 September 2021	Leadership Dynamics	
2	13 October 2021	Driver Dynamics	
3	3 November 2021	System Dynamics	
4	17 November 2021	Personal Dynamics	
5	8 December 2021	Power Dynamics	
6	5 January 2022	Thinking Dynamics	
7	19 January 2022	Human Dynamics	
8	2 February 2022	Solution Dynamics	
9	16 February 2022	Group Dynamics	
10	2 March 2022	Team Dynamics	

For more details, visit www.ta-tribe.com/leadership-dynamics